UNITED TAEKWONDO

Lunch time Taekwondo classes

Hawker Primary School

Enrolment for 2022 – from Week 6 Term 3

Hi! I'm Sharon from United Taekwondo. I am very pleased to be able to offer Taekwondo classes at Hawker Primary School at lunch time on Wednesdays. Exercising through a confidence boosting, self defence activity is a great alternative to regular free play at that time. And very convenient for parents!

My Taekwondo lunch club is a 35 minute martial art and physical activity class for children from Kindergarten to Year 6. United Taekwondo, originally a Korean self defence martial art, is safe for all children and does not teach them to hurt others... ever. Students have the opportunity to learn confidence, respect, self defence, strength, flexibility and coordination. They will do partner empathy exercises and even experience basic meditation! All students are trained under the auspice that Taekwondo is only to be practiced in an organised class or a safe place at home. Not on other students or siblings!!! Class details are:

Day:	Wednesdays (from 24 August)
Time:	12.40pm (after the children have eaten lunch) to 1.15pm
Cost:	$50 for the rest of this school term ($100 for the full term)

If your child is interested in this club you will need to:

- **reserve your child's place by emailing your child's details to me at utkdcanberra@outlook.com**
- **confirm your child's place by making the $50 payment using the bank details below:**
  United Taekwondo – Westpac
  BSB: 032 713 Acc: 23 4321
  Please include your child's name for reference
- **complete the attached permission slip and return it to me at the first class they attend.**
- **consider putting a reminder note in your child's lunch box on Taekwondo mornings!**

Twice a year we have Assessment Days, which your children can participate in if they're ready. If they can demonstrate what they have learned at the appropriate level, they will receive a Taekwondo belt, which they can wear in class. Students will actually be progressing towards achieving a black belt!!! Isn't that fantastic?

If you have any questions, please call or email me. Thanks so much.

Branch Instructor Sharon
0401 476 050
utkdcanberra@outlook.com

I, _____ give permission for my child/ren _____

to participate in the United Taekwondo Wednesday lunch club at Hawker Primary School in 2022.

_____ _____ **$50 payment made to bank YES NO**

signed date

Parent contact details:

Name: _____ Mobile no: _____

Email: _____