

WELLNESS WARRIORS TERM TWO ACTIVITIES

| Week | Year | Activity |
|------|---------|----------------------|
| 3 | 4/5/6 | Watercolour painting |
| Ч | K/I/2/3 | Happiness flag |
| 5 | 4/5/6 | Positive streamers |
| 6 | K/I/2/3 | Guided meditation |
| 7 | 4/5/6 | Feel good chatterbox |
| 8 | K/I/2/3 | Nature art |
| 9 | 4/5/6 | Joke box |
| 10 | K/I/2/3 | Yoga |